

BRUNCH

SERVED 10AM - 12PM

THICK SLICED BLOOMER TOAST (504kcal) £3.95	
With honey, marmalade or fruit jam	
EGGS ON TOAST (575kcal) £5.95	
→ Fried (584kcal)	
→ Poached (495kcal)	
→ Scrambled (575kcal)	
FILLED BRIOCHE BUN (571kcal) £5.95	
→ Back bacon (517kcal)	
→ Pork sausage (673kcal)	
→ Fried egg (480kcal)	
→ Vegan sausage (571kcal)	
+ FRIED EGG (169kcal)	ADD £1.95
+ MONTEREY JACK CHEESE (83kcal)	ADD £1.95
+ VEGAN CHEESE (76kcal)	ADD £1.95
OMELETTE (428kcal) £6.95	
With dressed rocket and carrot	
+ TOMATO (9kcal)	ADD £1.95
+ HAM (68kcal)	ADD £1.95
+ CHEESE (159kcal)	ADD £1.95
+ MUSHROOM (11kcal)	ADD £1.95
AVOCADO ON TOAST (482kcal) £4.95	
Thick sliced bloomer toast	
+ POACHED EGG (80kcal)	ADD £1.95

STARTERS

HOMEMADE SOUP OF THE DAY (Kcal on request) £7.50	
With sourdough roll and butter	
CHICKEN LIVER & BRANDY PÂTÉ (421kcal) £8.50	
Tomato chutney & sourdough croûtes	
LOADED NACHOS (690kcal) £6.95	
With melted cheese, jalapeños, guacamole, soured cream and salsa	
+ BBQ PULLED PORK (276kcal)	ADD £3.95
+ BBQ PULLED MUSHROOM (327kcal)	ADD £3.95
BENGALI PRAWNS (337kcal) £8.50	
Served with curry & lime dip	
HALLOUMI FRIES (872kcal) £8.95	
Served with chipotle mayo	

PIZZA & PASTA

MARGHERITA (1070kcal) £12.95	
Classic mozzarella (1070kcal) or vegan cheese (1088kcal) and tomato sauce	
PEPPERONI (1459kcal) £15.45	
Spicy slices of pepperoni	
HAWAIIAN (1163kcal) £17.95	
Fresh pineapple and diced ham	
ADD YOUR FAVOURITE TOPPINGS £2.50 each	
+ HAM (50kcal)	+ JALAPEÑOS (12kcal)
+ PINEAPPLE (50kcal)	+ PORTOBELLO MUSHROOM (22kcal)
+ PEPPERONI (433kcal)	+ BBQ PULLED PORK (276kcal)
+ BEEF TOMATO (18kcal)	+ BBQ PULLED MUSHROOM (327kcal)
+ RED ONION (36kcal)	
+ EXTRA CHEESE (318kcal)	
MACARONI CHEESE (1176kcal) £16.95	
Served with garlic puccia and rocket salad	
BEEF LASAGNE (1139kcal) £18.95	
Served with garlic puccia and rocket salad	
CREAMY BACON & MUSHROOM LINGUINE (877kcal) £14.95	
THIS Isn't bacon, portobello mushroom and pak choi in a vegan cream sauce	
ADD YOUR FAVOURITE TOPPINGS £5.00 each	
+ STREAKY BACON (373kcal)	+ BBQ PULLED MUSHROOM (327kcal)
+ CHARGRILLED CHICKEN THIGH (180kcal)	+ GRILLED HALLOUMI (357kcal)
+ BBQ PULLED PORK (276kcal)	+ GRILLED SEA BASS (190kcal)

SANDWICHES

Except where stated, sandwiches are on white or brown bloomer or spinach tortilla wrap. Gluten-free bread on request.

Served with fries and pickled red cabbage slaw

CLUB (1649kcal) £15.50	
Triple decker stack of grilled chicken, bacon, lettuce, tomato, egg and mayonnaise	
VEGAN CLUB (1216kcal) £14.95	
Toasted triple decker, THIS ISN'T BACON, grilled tofu, lettuce, tomato and mayonnaise	
HAND BATTERED FISH FINGER (1699kcal) £13.50	
With rocket and tartare sauce	
CHICKEN HOT WRAP (1222kcal) £13.50	
Served on spinach tortilla wrap with rocket and mango chutney	
COLD SANDWICHES (11.30AM - 6PM) £9.95	
Choose your filling:	
→ Cheese & tomato chutney (926kcal)	
→ Tuna mayonnaise & cucumber (863kcal)	

Served with crisps and pickled red cabbage slaw

SALADS

CAESAR SALAD (532kcal) £6.95	
Gem lettuce, Italian hard cheese, croutons and Caesar dressing	
MAMBONITO SALAD (228kcal) £6.95	
Black rice, avocado, azuki beans and chimichurri dressing	
CHICKEN RICE BOWL (1183kcal) £15.95	
Warm rice salad with Korean fried chicken, soft boiled egg, carrot, beansprouts, pak choi and sesame oil	
ADD YOUR FAVOURITE TOPPINGS £5.00 each	
+ STREAKY BACON (373kcal)	
+ CHARGRILLED CHICKEN THIGH (180kcal)	
+ BBQ PULLED PORK (276kcal)	
+ BBQ PULLED MUSHROOM (327kcal)	
+ GRILLED SEA BASS (190kcal)	
+ GRILLED HALLOUMI (357kcal)	

Adults need around 2000 kcal a day

HOUSE FAVOURITES

HAND BATTERED HADDOCK & CHIPS (1186kcal) £18.95	
Served with garden or mushy peas and tartare sauce	
PIE OF THE DAY (782kcal) £19.50	
(Ask for today's flavours and kcal)	
Served with green vegetables and gravy.	
Choose from:	
→ New potatoes (1149kcal)	
→ Crispy New potatoes (1242kcal)	
→ Mashed potatoes (1196kcal)	
→ Colcannon mashed potatoes (1461kcal)	
→ Chips (1349kcal)	
BRIE & BEETROOT TART (782kcal) £16.50	
Kale pastry tart with crispy new potatoes and rocket salad	
GRILLED SEABASS FILLET (823kcal) £18.95	
With pak choi, rice and malay curry sauce	
CHARGRILLED CHICKEN THIGHS (1407kcal) £19.95	
Moroccan style couscous, lime & coriander mayo and chargrilled flatbread	

SWEET POTATO DHAL (1010kcal) **£17.95**
SRI LANKAN CHICKEN CURRY (1089kcal) **£17.95**

ADD YOUR FAVOURITE CURRY SIDES **ADD £3.95**
 + NAAN BREAD (231kcal)
 + VEGETABLE PAKORAS (151kcal)
 + POPPADOMS & MANGO CHUTNEY (318kcal)
 + ONION BHAJIS (422kcal)

Served with jewelled rice, poppadoms & mango chutney

HANA DANGO

Any three Asian Tapas dishes for £25

SPICY KOREAN FRIED CHICKEN (703kcal) £9.50	
Gochujang sauce, spring onion & sesame seeds	
STICKY RIBS (929kcal) £8.95	
Gochujang sauce	
CRAB KOROKKE (733kcal) £9.50	
Satay sauce	
SALT & CHILLI CHICKEN (785kcal) £9.50	
Togarashi salt, spring onion, chillies and spicy mayo	
CRISPY DUCK ROLLS (584kcal) £9.50	
Peking sauce	
VEGGIE SPRING ROLLS (519kcal) £8.95	
Sweet chilli sauce	
SHICHIMI SQUID (687kcal) £8.95	
Shichimi seasoning, spring onion, chillies and spicy mayo	
MISO CRISPY TOFU (695kcal) £8.50	
Toasted sesame seeds, spicy red miso sauce	
MANDU & GYOZA £8.50	
Steamed or crispy with soy dipping sauce	
Choose from:	
→ Chicken (421kcal)	→ Chive & vegetable (452kcal)
→ Pork (412kcal)	→ BBQ pork (389kcal)
→ Shrimp (384kcal)	→ BBQ beef (470kcal)
→ Tofu & vegetable (433kcal)	

BURGERS

All burgers are cooked to order and served in a brioche style bun with tomato chutney, gem lettuce, beef tomato and red onion

Served with seasoned fries, crisp onion rings and pickled red cabbage slaw

THE ORIGINAL (1680kcal) £16.95	
Classic 6oz beefburger, smoked streaky bacon and Monterey Jack cheese	
+ DOUBLE BURGER, BACON & CHEESE (681kcal)	ADD £4.95
CRISPY CHICKEN BURGER (1430kcal) £16.95	
With blue cheese sauce	
+ DOUBLE BURGER (405kcal)	ADD £4.95
BEYOND MEAT BURGER (1849kcal) £16.95	
With BBQ pulled mushroom, THIS isn't bacon and chipotle mayo	
+ DOUBLE BURGER, MUSHROOM & BACON (565kcal)	ADD £4.95
ADD BBQ PULLED PORK (276kcal)	ADD £3.95

GRILLS

10oz RUMP STEAK (996kcal) £25.95	
Served with roasted beef tomato, peas field mushroom and chips	
10oz GRILLED BACON CHOP (1000kcal) £14.95	
With fried egg, chips and peas	
WEEPING TIGER (853kcal) £24.50	
With Asian slaw, wasabi & yuzu dressing	
ADD YOUR FAVOURITE SAUCE ADD £3.95	
+ PEPPERCORN SAUCE (174kcal)	
+ DIANE SAUCE (134kcal)	
+ BÉARNAISE SAUCE (415kcal)	

SIDES

FRIES (421kcal) £4.50	
CHIPS (393kcal) £4.50	
SWEET POTATO FRIES (481kcal) £4.95	
ONION RINGS (600kcal) £4.95	
GREEN VEGETABLES (209kcal) £4.95	
GARLIC BREAD (463kcal) £5.00	
+ CHEESE (159kcal)	ADD £1.95
PICKLED RED CABBAGE SLAW (68kcal) £3.95	
SEASONAL SIDE SALAD (124kcal) £4.50	
Gem lettuce, cherry tomato, cucumber, carrot, spring onion, olive oil	

PEAR & GINGER CRUMBLE CAKE (437kcal) £7.95	
Served with vegan vanilla ice cream	
STICKY TOFFEE BANANA PUDDING (448kcal) £7.95	
Choose from custard (434kcal), vegan ice cream (434kcal)	
WARM CHOCOLATE BROWNIE (688kcal) £7.95	
With clotted cream ice cream	
BASQUE CHEESECAKE (436kcal) £7.95	
Served with raspberry sorbet	
TRIO OF ICE CREAMS & SORBETS (Kcal on request) £5.95	
British ice creams, Judes vegan ice creams and a selection of sorbets	